**Nigel T. Nighthawk**

Dahlonega, GA 30533 | [nnighthawk22@gmail.com](mailto:nnighthawk22@gmail.com) | 706-555-2233

**EDUCATION**

**Bachelor of Science, Kinesiology major w/ Exercise Science emphasis** Expected May 20XX

University of North Georgia, Dahlonega, GA

* GPA: 3.75
* Dean’s List: Spring 2019, Fall 2018, Summer 2018

**CERTIFICATIONS**

CPR, First Aid, and AED - American Heart Association Expires Jan. 20XX

**RELATED EXPERIENCE**

**Intern**, *Georgia Mountains* *YMCA*, Gainesville, GA June 20XX-Present

* Designed and led low impact exercise program for 3 senior adult group fitness classes
* Coordinated community health fair event by working with a team from 8 area health/fitness agencies
* Created activities for afterschool groups ages 5-15 that promoted active lifestyles and good nutrition

**Physical Therapist Aide**, *Benchmark PT*, Dahlonega, GA Oct. 20XX-May 20XX

* Greeted patients and established rapport through conversation and active listening
* Monitored patient exercise routines using weights, ultrasound, and whirlpool
* Prepared and cleaned treatment areas and equipment between each patient
* Supported front desk operation by checking in patients, ordering supplies, and verifying insurance

**RELATED COURSEWORK**

**Exercise Testing and Prescription**, UNG Fall 20XX

* Created a case study portfolio which incorporated current ACSM guidelines
* Practiced current ACSM exercise testing guidelines in the human performance lab to prescribe an exercise program to the general population

**Personal and Public Health**, UNG Spring 20XX

* Coordinated promotional materials for use at after school programs to educate youth on benefits of exercise and proper diet

**Research Methods**, UNG Spring 20XX

* Measured and recorded resting heart rates of UNG women’s tennis team

**OTHER EXPERIENCE**

**Team Member**, *Chick-Fil-A*, Dahlonega, GA Jan. 20XX – Nov. 20XX

* Delivered exceptional customer service in a fast-paced environment in order to provide a pleasant dining experience and return customers
* Trained in multiple service areas in order to assist co-workers and maintain efficient operations at all times

**LEADERSHIP/AFFILIATIONS**

UNG Commuter Council, **President**

UNG Kinesiology Club, **Vice-President**

American Physical Therapy Association, **Member**

American College of Sports Medicine, **Member**

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