Peer Health Educator Application Packet

PHE Description
Application

Please complete & return to:
Student Health Services
Phone: 706-864-1948
Fax: 706-864-1448
Email: sarah.williams@ung.edu
Peer Health Educators

What are Peer Health Educators?
Peer Health Educators (PHEs) are supervised by the Health Educator on staff in Student Health Services. PHEs function as a team dedicated to the development and implementation of campus health education efforts. PHEs work together with the Health Educator on the design, presentation, and evaluation of numerous health education programs.

Objectives of PHEs:
- Raise campus awareness about the health services available to students and when they are appropriate or necessary.
- Empower peers with the knowledge and skills needed to make informed, voluntary choices regarding all aspects of health and wellness.
- Serve as a university role model and advocate for responsible and healthy lifestyle choices.
- Serve as a resource for all students dealing with health related issues.
- Present information about health related issues to different groups on campus.
- Assist with planning, implementing, and evaluation of health promotion events on campus.
- Facilitate wellness workshops with various university offices, including Residence Life, Campus Activities, Athletics, Counseling Center, Rec Center, etc.
- Become well versed on wellness topics, including alcohol and other drug use/abuse, nicotine use, healthy relationships (communication, abstinence, verbal and physical abuse, rape, etc.) and personal health issues.

Qualifications:
- Must be a full-time student in good academic standing (2.3 minimum GPA).
- Demonstrate the ability to work with individuals and groups in a leadership capacity.
- Must be a role model demonstrating responsible and healthy lifestyle choices and enthusiastic about educating peers on wellness issues.

**AT ANY GIVEN TIME, THE HEALTH EDUCATOR RESERVES THE RIGHT TO DISMISS YOU AS A PEER HEALTH EDUCATOR IN THE CASE THAT YOU ARE NOT PROMITING AND/OR DEMONSTRATING PHE OBJECTIVES.**
**PHE Requirements:**

- Attend PHE bi-monthly meetings (planning, brainstorming, etc.)
  - Allowed ONE excused meeting absence.
- Marketing for events and programs (designing and putting up flyers, promotion to Greek organizations, residence halls, military, etc. – getting the message out)
- Event/Program Attendance (set-up/take-down, managing booths and activities, etc.)
  - Mandatory Events: Take Back the Night (fall semester) & Luau in Chow (Spring semester)
  - Required 10 volunteer hours per semester.
  - Failure to show-up for event and/or shift may result in dismissal
- Assist fellow PHEs in the facilitation of educational, social, and wellness programs and events.
- **Optional:** Present seminars (you will be trained to do this if you are interested and feel comfortable)

**Opportunities for PHEs:**

- Become nationally certified with The BACCHUS Network as a Certified Peer Educator
- Gain relevant health promotion and education experience
- Leadership opportunities
- Build resume and make yourself more marketable
- Interact with your peers and make the student body healthier!

**Health Education topics include, but are not limited to the following:**

- Alcohol and Other Drugs
- Sexual Assault and Violence
- Exercise & Nutrition
- Sexual Responsibility
- Heart Health

**Programs that PHEs have helped design and implement in the past:**

- Take Back the Night
- No Phone Zone Day
- Alcohol Education Week
- Fitness Challenge
- Sexual Responsibility Week
- Safe Spring Break Week

**Application Process:**

- Fill out application packet and submit to Health Educator (bring to Student Health Services or fax to 706-864-1448)
Peer Health Educator Application
Student Health Services

Name: ________________________  Student ID #: ________________

Year in school (circle one):  1st  2nd  3rd  4th  5th  GPA: ______

Expected graduation (Semester/Year): ____________________________

*** Please include a copy of your class schedule

Major/Minor: _________________________________________________

Email Address: _______________________________________________

Phone #: ____________________________________________________

Do you receive text messages? (circle one)  Yes  No

Campus Mailbox: _____________________________________________

Rank the areas of greatest interest 1-6 (1-most interested; 6-least interested)

  ____ Alcohol & Other Drugs
  ____ Sexual Assault & Violence
  ____ Stress Management & Sleep
  ____ Flu Prevention
  ____ Sexual Responsibility
  ____ Tobacco Cessation
Peer Health Educator Questionnaire
Student Health Services

1. Please explain why you are interested in becoming a Peer Health Educator?

2. Please list all other campus involvement (Greek organization, military, athletics, SAB, etc.)

3. Do you have any skills or experience that you feel would make you an effective Peer Health Educator?
4. Describe your experience with conflict resolution.

5. What is the most prevalent health issue facing UNG students? Why do you think this?

6. Why do you feel you would serve as a good positive role model to your peers?