



# Products and Services

<p><b>Counseling Services</b> Individuals may speak with a professional counselor by phone, and the Employee Assistance Program will provide a referral to see a local counselor at no cost.</p>	<ul style="list-style-type: none"> <li>Alcohol/Drugs</li> <li>Anxiety/Stress</li> <li>Depression</li> <li>Grief and loss</li> </ul>	<ul style="list-style-type: none"> <li>Parenting</li> <li>Relationships</li> <li>Transition and change</li> <li>Workplace</li> </ul>
<p><b>Legal Services</b> A 30-minute phone or in-person consultation is available to help answer basic legal questions and simplify the process of obtaining legal help.</p>	<ul style="list-style-type: none"> <li>Adoption</li> <li>Bankruptcy</li> <li>Child custody</li> <li>Criminal issues</li> <li>Divorce</li> </ul>	<ul style="list-style-type: none"> <li>Estate planning/wills</li> <li>Immigration</li> <li>Mediation</li> <li>Real estate</li> <li>Tenant's rights</li> </ul>
<p><b>Financial Services</b> A 30-minute consultation with a qualified financial consultant is available to assist with a variety of financial concerns.</p>	<ul style="list-style-type: none"> <li>Bankruptcy alternatives</li> <li>Budgeting/cash flow</li> <li>Credit issues</li> <li>Education funding</li> </ul>	<ul style="list-style-type: none"> <li>Identity theft</li> <li>Income taxes</li> <li>Mortgages</li> <li>Retirement planning</li> </ul>
<p><b>Family Caregiving Services</b> Family caregiving consultation, resources and referrals are available on a variety of family matters.</p>	<ul style="list-style-type: none"> <li>College preparation</li> <li>Daycare/summer camps</li> <li>Prenatal care</li> <li>Special needs</li> </ul>	<ul style="list-style-type: none"> <li>Adult daycare</li> <li>Assisted living</li> <li>In-home care</li> <li>Transportation services</li> </ul>
<p><b>Convenience Services</b> Complimentary convenience services are available to help you make the most of your money and free time. Call to request referrals for a range of services.</p>	<ul style="list-style-type: none"> <li>Car and hotel reservations</li> <li>Cleaning services</li> <li>Destination guides/tours</li> </ul>	<ul style="list-style-type: none"> <li>Dining</li> <li>Moving and relocation services</li> <li>Pet care services</li> <li>Repairs</li> </ul>
<p><b>Management Consultation Services</b> EAP provides various services for those in leadership positions including unlimited telephonic consultation services that are available 24/7.</p>	<ul style="list-style-type: none"> <li>Assistance in responding to an onsite accident or critical event</li> <li>Behavior concerns</li> <li>Performance concerns</li> </ul>	<ul style="list-style-type: none"> <li>Training consultation services</li> <li>Substance misuse</li> <li>DOT services</li> </ul>
<p><b>Online Tools and Information</b> EAPHelplink.com is an interactive web-based self-service solution. The site provides a wide array of life management tools to help members with a variety of personal and/or work related issues in a private and convenient manner.</p>	<ul style="list-style-type: none"> <li>Research articles</li> <li>Savings center</li> <li>Health/Wellness modules</li> <li>On-demand monthly webinars</li> <li>Relocation center</li> <li>Monthly <i>News for You</i></li> </ul>	<ul style="list-style-type: none"> <li>Self-search locators for child, academic, adoption, pet, and adult care resources</li> <li>eLearning: self-paced online training programs</li> <li>40 financial calculators and ready-to-use legal forms</li> </ul>

844.243.4440 EAPHelplink.com Code: USGCares

If you need this document in an alternate format for accessibility purposes, contact michael.mcleod@ung.edu.

