

**Julie A. Brinzo**  
**Assistant Clinical Professor of Nursing**  
**214.507.5371/jabrinzo@gmail.com**

**Education**

Doctorate of Nursing Practice <i>Executive Leadership in Nursing</i>	2016	Texas Tech University Health Sciences Center Lubbock, Texas
Master of Science <i>Family Nurse Practitioner</i>	2005	Texas Woman’s University Denton, Texas
Masters of Business Administration <i>Healthcare Administration</i>	1999	Business Administration Wayland Baptist University Wichita Falls, Texas
Bachelor of Science in Nursing	1990	Nursing Texas Tech University Lubbock, Texas

**Professional Certification/Licensure**

<b>Dates</b>	<b>Organization</b>	<b>Title of Certification</b>
3/1991-Present	Texas Board of Nursing	Registered Nurse
2/2006-Present	Texas Board of Nursing	Advanced Practice Nurse
2/2006-Present	Texas Board of Nursing	Prescriptive Authority
11/2016-Present	Georgia Board of Nursing	Registered Professional Nurse
12/2016-Present	Georgia Board of Nursing	Advanced Practice Nurse
06/2017-Present	Florida Board of Nursing	Registered Nurse
06/2017-Present	Florida Board of Nursing	Advanced Registered Nurse Practitioner
02/2006-Present	American Academy of Nurse Practitioners	Family Nurse Practitioner
12/1990-Present	American Heart Association	Basic Life Support

### **Employment (Teaching)**

<b>Dates</b>	<b>Title</b>	<b>Institution/Location</b>
08/2017- Current	Adjunct Clinical Faculty	University of Texas-Arlington
08/2016- 09/2017	FNP Program Coordinator	Texas Woman's University
08/2015- 09/2017	Assistant Clinical Professor	Texas Woman's University
08/2013- 05/2015	Visiting Assistant Clinical Professor	Texas Woman's University
01/2013- 05/2013	Adjunct Clinical Professor of Nursing	Texas Woman's University
08/2002- 08/2005	Hospital Lab Coordinator/Associate Faculty	Collin County College
01/1998- 12/2001	Clinical Faculty of Nursing	Vernon College

### **APRN Clinical Practice**

<b>Dates</b>	<b>Title</b>	<b>Institution/Location</b>
07/2015-Current	Family Nurse Practitioner	CareHere Denton, TX
02/2010-08/2015	Family Nurse Practitioner	Bridlewood Family Health Flower Mound, TX
04/2009-01/2010	Family Nurse Practitioner	Dr. Ramon Cruz, MD Independent Practice Denton, TX
10/2008-07/2009	Family Nurse Practitioner	MinuteClinic Flower Mound, TX

12/2005-06/2008      Family Nurse Practitioner      Planned Parenthood of North  
Texas  
Lewisville, TX

### TEACHING

#### Courses Taught at TWU

##### **Course number      Title**

NURS 5644    Advanced Assessment/Differential Diagnosis  
NURS 5625    Family Health Nursing I  
NURS 5683    Preceptorship I  
NURS 5695    Preceptorship II  
NURS 5003    Health Policy and Health Promotion

#### Courses Taught at UTA

##### **Course number      Title**

NURS 5337    Family Clinical Practice I

### SCHOLARSHIP/CREATIVE ACHIEVEMENTS

#### Publications

Brinzo, J.A., Crenshaw, J.T., Thomas, L., & Sapp, A. (2016). The effect of yoga on depression scores and pain in adult patients with chronic low back pain: a systematic review protocol. *JBI Database of Systematic Reviews & Implementation Reports*, 14(1), 55-66. doi: 10.11124/jisrir-2016-2409.

#### Presentations at Professional Meetings

Acuna, G., Brinzo, J.A., Benton, K., Mendiola, T., Schneider, L.W., & Viles, J. (2015). St. David's HealthCare HealthStream Competency Pilot, Poster Presentation, 27<sup>th</sup> Annual Student Research Week, Texas Tech University Health Sciences Center.

Ard, A., Kamath, S., & Brinzo, J.A. (2005). The effect of grouping laboratory groups by learning styles on the successful completion of skill validations,

Poster Presentation, 6th National Conference on Nursing Skills Laboratories.

Brinzo, J.A. (2016). The effect of yoga on depression scores in patients with chronic low back pain, Poster Presentation, First Annual Pure Action Research Conference.

Brinzo, J.A. (2016). The effect of yoga on depression in patients with chronic low back pain, Poster Presentation, Texas Nurse Practitioners 28<sup>th</sup> Annual Conference: Excellence in Healthcare Delivery in Texas.

Brinzo, J.A. & Brogan, M. (2014). Utilizing a nurse practitioner to augment you clinical practice, Speaker, 58<sup>th</sup> Annual Midwinter Conference of the Texas Osteopathic Medical Association.

### PROFESSIONAL SERVICE

#### Service Activities for Texas Woman's University

<b>Committee</b>	<b>Date</b>	<b>Role</b>
TWU Faculty Evaluation and Development Committee	2016-2017	Member
FNP Holistic Admissions Task Force	2016-2017	Member
FNP Program Review Task Force	2016-2017	Member
Graduate Academic Affairs Committee	2016-2017	Member
Clinical Professor Search Committee	2016-2017	Member
Associate Dean Search Committee	2014-2016	Member
Quality Enhancement Plan	20013-2014	Member
By-laws Committee CON	2013-2016	Member

#### Service to the Community

- Heart Ties Quilting Group-Trietsch Memorial United Methodist Church
- Community Advisor-Health Sciences Department-Lewisville ISD

- Denton County Medical Reserves Corp-*Volunteer*
- Racing Fingers Quilt Guild-*Member*

**Memberships in Professional Societies**

- Sigma Theta Tau International-Beta Beta
- Texas Nurses' Association
- American Nurses Association
- Texas Nurse Practitioners
- American Academy of Nurse Practitioners
- National Organization of Nurse Practitioner Faculty
- The Honor Society of Phi Kappa Phi

**Graduate Professional Papers**

The effect of yoga on depression scores and pain in adult patients with chronic low back pain	2016
Responsible Sexual Behavior in the Adolescent Population	2005
The Economic Impact of Teenage Pregnancy in the United States	1999

**Professional Educational**

Collaborative Institutional Training Initiative. Human research curriculum completion: Biomedical Investigator 1.

Completed: 09/03/2014

Expires: 09/02/2017

Collaborative Institutional Training Initiative. Conflict of Interest.

Completed: 12/08/2014

Expires: 12/07/2017

Institute for Healthcare Improvement: Open School Courses.

Completed modules on Patient Safety; Improvement Capability; Quality, Cost and Value; Leadership; Person and Family-Centered Care; and Triple Aim for Populations-02/2015

Crucial Conversations Training  
Completed: 06/2014

**Professional Legal Consulting Cases**

Michael J. Williamson (Plaintiff) vs. Michael R. Burton, MD; Golden Heart  
Emergency Physician; Janice L. Stables, MSN, ANP; and Family Care, Inc.; and  
Banner Health d/b/a Fairbanks Memorial Hospital

Erika Bickhart (Plaintiff) vs. Marble Martinez, N.P.; and Physicians Healthcare  
Associates, P.A. n/k/a El Paso Med Partners, P.A.

**Educational Consulting**

Versant Holdings, LLC. APRN Development Project Consultant. Developed pain  
module.

If you need this document in an alternate format for accessibility purposes (e.g. Braille, large print, audio), please contact Lynn Wood at [lynn.wood@ung.edu](mailto:lynn.wood@ung.edu), 706-867-1930.