# Rebekah Mildenhall, MSN, APRN, WHNP-BC

University of North Georgia College of Health Sciences and Professions Department of Nursing 155 Sunset Dr Dahlonega, GA rebekah.mildenhall@ung.edu

#### Education:

# University of North Georgia, College of Health Sciences and Professions, Dahlonega, Georgia

Doctorate of Nursing Practice, Nursing Education Track, expected graduation May 2025

# Georgia State University, Burdine F. Lewis College of Nursing and Health Professions, Atlanta, Georgia

Master of Science in Nursing, Magna Cum Laude, May 2015 Perinatal Clinical Nurse Specialist/Women's Health Nurse Practitioner Program

#### Medical College of Georgia, School of Nursing, Augusta, Georgia

Bachelor of Science in Nursing, Magna Cum Laude, May 2002

University of Georgia, Hugh Hodgson School of Music, Athens, Georgia Master of Music, Piano Pedagogy, Summa Cum Laude, May 2000

University of Georgia, Franklin College of Arts and Sciences, Athens, Georgia Bachelor of Science in Biology, Cum Laude, March 1998

University of Georgia, Franklin College of Arts and Sciences, Athens, Georgia Bachelor of Arts in Music, Cum Laude, March 1998

#### **Military Experience:**

**United States Navy Active Duty Nurse Corps** (July 2002 – October 2007) Honorable Discharge – Lieutenant

### **Professional Experience:**

University of North Georgia January 2016 – present Lecturer and Course Coordinator – Foundations of Nursing Practice, Introduction to Operating Room Nursing, Introduction to Neonatal Nursing Lab Coordinator for Foundations Skills Lab Clinical Instructor – Synthesis of Nursing Practice, Foundations of Nursing Practice, Care of the Childbearing Family, and Nursing Care of the Adult courses

**Northeast Georgia Medical Center** November 2015-present Women and Children's Resource Pool RN for Postpartum, Pediatrics, and NICU **Limestone Surgery Center, Gainesville**, **GA** May 2014 – June 2019 Pre-op/PACU RN for 10-15 low risk outpatient ENT surgeries per day

**Northeast Georgia Gynecology** August 2016 – August 2017 Women's Health Nurse Practitioner for well woman and problem visits

# Chestatee Regional Hospital, Dahlonega, GA Dec 2007 - Apr 2014

Maternity Services RN, Staff/Charge RN for 3-bed LDR, 1-bed triage, 6-bed postpartum/GYN, 1-bed OR suite averaging 25 deliveries per month

- RN in triage, vaginal and cesarean deliveries, postpartum, nursery, and gyn surgery
- Neonatal Resuscitation Program Instructor and Regional Trainer

## Chestatee Regional Hospital, Dahlonega, GA Mar 2012 - Sep 2012

Nurse manager, RN, Operating Room

- Managed 20 employees and coordinated with a large CRNA group and 10 surgeons averaging 10 cases per day
- General, orthopedic, ophthalmology, podiatry, cosmetic, and gynecologic surgeries

## Crown Mountain Women's Health, Dahlonega, GA Jun 2009 - Dec 2010

Nurse manager, RN

- Managed 10 employees in 2 OB/Gyn offices with 3 providers averaging 75 patients per day
- Phone triage, discussed lab results with patients, performed urodynamic testing and non stress tests, OSHA/HIPPA manager, assisted in design/setup of new website
- Assisted doctor with teaching small group classes for wellness program

### Naval Hospital, Bremerton, Washington Oct 2005 – Oct 2007

Family Birth Center RN

- Staff/Charge RN for 8-bed LDRP, 1-bed antepartum, 2-bed triage, 2-bed stabilization nursery, 1-bed OR suite averaging 60 deliveries per month
- Night and weekend nursing supervisor for 40-bed hospital responsible for all patients and staffing needs reporting directly to Director of Nursing
- Customer service representative for family centered care birthing unit recognized as top unit for customer service in military healthcare system
- Coordinated bimonthly evaluations of 30 paraprofessional staff
- Instructed 50 students in Neonatal Resuscitation Program

# Naval Medical Center, Portsmouth, VA Mar 2004 – Sep 2005

Labor and Delivery RN

- Staff/Charge RN for 10-bed LDR, 4-bed OB special care, 7-bed triage, 4-bed OR suite, 4-bed PACU unit averaging 350 deliveries per month including all high risk OB patients for region
- Childbirth Educator for over 200 couples

### Naval Medical Center, Portsmouth, VA Sep 2002 – Mar 2004 Mother-Baby Unit RN

- Staff/Charge RN for 40-bed postpartum and normal newborn unit averaging 350 deliveries per month including all high-risk OB patients for region
- Floated to 15-bed unit for post-op GYN and high-risk antepartum patients

# **Professional and Community Activities:**

AWHONN, GANE, and Sigma member Choir member for UNG Singers and Le Belle Voci